

# MATC Quarterly News

## Winter Edition January 2009

### President Christensen's Message

**Mountainland Applied  
Technology College**

Employee of the Month

**September/October**

- Justus Bohman
- Michelle Lund

**November:**

LaRae Thorpe

**December**

- Mari Ivie
- Aneda Woodard

**January**

Marlece Anderson

**Congratulations employees for being selected as Employee of the Month from your peers!**



ties it has been heart warming to come in contact with so many MATC students and graduates. It is exciting to see that so many individuals have been helped from both a personal and financial standpoint regarding their employment and quality of life as a result of time spent with us.

As the latter part of January approaches, with it comes the traditional start of another legislative session. I

know that the stories that you hear have been of gloom and doom regarding potential budget cuts. Obviously the state of Utah is facing some difficult financial decisions that potentially will have a huge impact on all state agencies. We won't know to what extent the impact will be until the first of March when the session concludes. At that time we will be required to balance the MATC budget and in turn will have difficult issues to deal with as well.

Until that time there is no point in worrying or assuming that the "sky is falling". Once we learn the outcome we will address the situation methodically from a unified standpoint.

One bright spot from the legislature is that there is still an opportunity for our North Utah County Campus to be funded. Although there is no funding for any other areas there is a possibility that the state will bond for capital facilities. Currently our proposal is ranked number four statewide and so the MATC is still in the running. All of the programming and planning is completed and it is exciting to see the plans and visual walk through of the proposed building.

On behalf of the Mountainland Applied Technology College administration and Board of Directors, I want to extend our sincere appreciation to all faculty and students that make this institution such a fine place to work and attend school. I wish you the very best in your technical education training and look forward to our continued association here at the MATC.

I hope that everyone had a great holiday vacation and that you were able to renew acquaintances and spend time with family and friends. As the holiday break has drawn to a close it is great to have everyone back with us here at MATC.

Recently I have had some personal challenges from a health and wellness standpoint. I want to thank all of you that have sent notes, e-mails, and have personally extended well wishes. As I have spent time with different health care facili-

**Points of Interests:**

- \* Pharmacy Tech Program changes
- \* Culinary Arts visits China cuisine
- \* What is HOSA
- \* Cosmetology Competition
- \* Recognition Ceremony receives big support
- \* MATC Students finished in the top of competition

### *Evening Pharmacy Tech Class Begins Fall 09*

MATC administration have rearranged the Pharmacy Tech Program to meet the demands of students inquiring about an evening class. Currently there are two classes taught during the day and will begin this fall 2009 to have one day class and one evening class. The state has now changed the amount of hours students are required to be in class and the hours of an externship. According to Fred Keetch, VP of Instructions, the program is schedule to meet the needs of adults and will also accommodate high school students as well as adults.

## Chinese Culture Visits Culinary Arts

Francis Qwan, a retired Chef from the San Francisco area, visited the culinary classes to share some of his Chinese food cooking techniques and skills with the students. Francis grew up in a very culinary oriented environment and he has used his upbringing to benefit many areas of his life. When he was young, his father was a very well known local chef who allowed Francis to be part of the kitchen staff at a young age. Francis grew up in the kitchen learning all the secrets and tricks that the others would show him. He learned how to handle a knife correctly, how to season properly, and how to determine “doneness” of foods, all of which helped him grow very proficient in the art of cooking. When his father passed away, one of the most treasured gifts Francis received was his father’s set of knives which Francis still uses to this day. Today he is a married father, (with four boys) who still loves to cook.

The class learned the importance of simplicity that is crucial to Chinese cuisine as well as the frugality with which most Chinese chefs work. He taught the students how to prepare several dishes using some very basic ingredients that worked well in each dish. They made won-tons (meat filled dumplings), and then made sauces to dip them in. They also used the same won-tons to make won-ton soup using a delicious simple broth and vegetables. The classes also made a simple barbeque sauce and used it as a glaze to coat won-ton dumplings. The best thing about this guest chef experience was the ability to learn to make and eat very common authentic Chinese dishes that taste delicious and are very inexpensive and easy to prepare.



# HOSA

HOSA (Health Occupations Students of America) is a national student organization endorsed by the U.S. Department of Education and the Health Science Technology Education Division of ACTE. HOSA's mission is to promote career opportunities in the health care industry and to enhance the delivery of quality health care to all people. Everyone becomes in need of medical care provided by health employees in their life-time. As instructors and students in our medical assisting, physical therapy, dental assisting, veterinarian, medical and dental front office and pharmacology classes, we are aiming high to exceed normal standards of care.

It is hard to imagine, with many of MATC programs students placing in the top ten at the Utah state level competition and those same students placing in the top fifteen in the nation, that this year's students could improve. All fifty-one states heard MATC's name and personally met our students and instructors. We developed relationships and created many memories. Utah's first place winner in dental assisting, Shawn Lingam said, "Now that I have completed my program and competing in HOSA, I miss it! HOSA allowed me to apply my skills, learn from others outside of MATC and establish relationships with dentists and The American Dental Association."

On October 13-14, 2008 Our American Fork, Orem and Spanish Fork HOSA presidencies attended the Utah chapter fall Leadership conference held at the Yarrow Hotel and Resort, in Park City Utah. Leslie Huston "Orem, dental assisting instructor said, "I am already impressed with our 2008-2009 HOSA Leadership. Students are demonstrating a great amount of excitement, cohesion and professionalism.

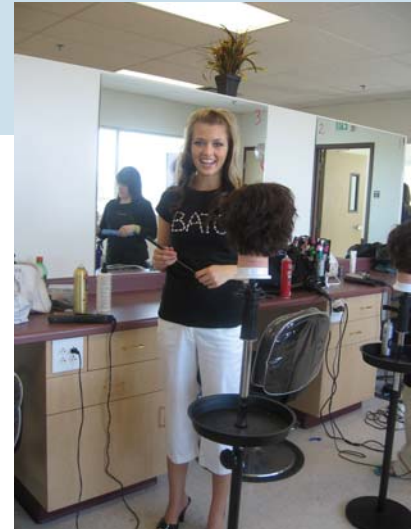
During the conference students and instructors were informed of this year's competition requirements and training to bring back to the rest of MATC's HOSA members. Anticipation was escalated by motivational speakers. One motivational speaker Jeff Griffin dreamed of playing football at a college level. Griffin worked hard and accomplished his dream. Then unexpectedly a tragic accident left him paralyzed from the waist down. Griffin chose to stay positive, adapt and motivated himself and others to "Desire, Dream and Do." Seybrielle Daniels, a student in the physical therapy program said, "My favorite part of the leadership conference was Jeff Griffin's presentation. Students shed tears of gratitude and hope, due to Griffin's example of strength and influence to do better." Dedicated instructors and students are working hard to master their skills for the UTAH competition, held in March, 2009. With our students passion, MATC will definitely leave impressions are many people seeking healthcare, or better yet becoming someone else's hero.



## Board Bio– Phil Marchant

Phil has been a member of the Board of Director's for the Mountainland Applied Technology College since June 30, 2003. One of Phil's greatest accomplishments in his life is his Wonderful Family! Phil's education includes a BA degree in Spanish, from the University of Utah.

Phil's family consists of his beautiful wife, Valerie Marchant and their four amazing children: Brandon (22), Neal (18), Tom (13) and Ross (11). Currently, Phil is employed at All West Communications as their Sales Manager.



## Cosmetology in Spanish Fork

In October, 2008, MATC Spanish Fork Cosmetology students took part in a fashion show as a fundraiser for their trip to the Long Beach Hair Show in January 2009. Students participated in different categories, styling their models from their hair, to make up, to dressing them according to the theme that the student had picked. Shainn Holm placed as Over All winner. Other winners were: Retro: 1st Lisa Hartman, 2nd Audrey Fausett, 3rd Aubrey Sorenson; Funky: 1st Krystal Christensen, 2nd Brittany Clark, 3rd Breann Brimhall; Elegant: 1st Courtney Gasser, 2nd Gillian Clark, 3rd Natalie Daley; Movie Star: 1st Maikelle Throckmorton, 2nd Whitney Shepard, 3rd Nicole Moreno; Prom: 1st Jordin Barber, 2nd Ashley Mills, Brittany Wall. It was quite a success. Vendors had booths varying from purses, to candles, hair accessories and many more. Refreshments were served to the many guests that came.



## Custom Fit Information

What is the Custom Fit Training Program at the MATC? Custom Fit is a dynamic partnership between the State of Utah and the local business community. The mission of the Custom Fit Program is to support economic and workforce development through training partnerships with Utah companies of any size. This unique program offers companies, and their employees the benefit of state-of-the-art training customized to meet their specific needs at an affordable price. The Utah State Legislature appropriates funds each year as an investment in Utah's economy through the non-profit Custom Fit Program to facilitate training for these companies.

To qualify for Custom Fit funding a company must be a "for-profit" business in Utah. Trainees must be employed by the qualified company and work an average of 25 hours per week. Instructors are secured by MATC Custom Fit staff, and the company pays a portion of the cost of the training. Custom Fit Training funds cover such expenses as training needs assessment, curriculum development, instructor wage, instructional materials, and classroom/lab facilities.

MATC's Custom Fit department is staffed by: Mark Walker, Vice President of Operations; Managers-Randy Reeves and Roger Rice; and Charalene Whitehead. Over the years, Custom Fit has worked with many types and sizes of businesses from "mom and pop" shops to the largest employers in the state. Our Custom Fit staff will meet with company executives to discuss their training needs. They'll discuss: What's working? What's not? Where are your biggest frustrations? How can Custom Fit help?

Training can include: specific technical training; safety certifications; computer skills; leadership/management skills; or help in how to get along with others at work. If you can call it "training", Custom Fit probably has or can deliver it.

If you know of a company who could utilize this most beneficial, but little known state program, contact one of the Custom Fit staff to get details at (801) 863-7649 or (801) 863-7514.

## Mountainland Applied Technology College

Orem Campus  
987 S. Geneva Rd.  
Orem, Utah 84058  
801-863-6282

Spanish Fork Campus  
1200 S Delmonte Rd.  
Spanish Fork, Utah 84601  
801-492-2950

American Fork Campus  
759 E. Pacific Drive  
American Fork, Utah 84003  
801-492-2900

**Check out MATC**  
[www.mlatc.edu](http://www.mlatc.edu)

### Lindsey Johnson

Lindsey Johnson is a student of drive and determination. She found out about the MATC through her counselor at Spanish Fork High School. She took the nurse assistant program at the MATC in her junior year. In her senior year, she took the Physical Therapy Aide program and loved the instructors and program. She applied for the LPN

program and was accepted last year. Since finishing her program in December, she has acquired a LPN position at Timpanogas Hospital and is applying for a RN program throughout the state. She loved the experience and as she said, "The MATC gave me the experience I needed to begin my career in nursing."



January's Recognition Ceremony had tremendous attendance both from adults and students. The ceremony conducted at Mountain View High School had over 1100 people attend: parents, spouses, and friends.

In the past, the ceremony was conducted at the Orem Campus, but due to the high attendance and the popularity of the program, the ceremony has been moved to the high school to accommodate the attendance.

Over 180 students received their certificates including the first students which received their Practical Nurse Certificate. Also included were over 60 CNA, 20 Cosmetology and many students receiving certificate in a number of other programs

It is great to see parents, grandparents, family and friends coming together to celebrate the accomplishments of MATC Students.

### Winter Recognition Ceremony



Mary Ann Young, speaks to audience at the recognition ceremony

### Skills USA Competition



Students from the automotive program competed in the Annual Skills USA Competition in January. The competition brings top students from a number of high schools and institutions to learn occupational and leadership skills.

Students competed in a number of areas in the automotive area including: job estimates, components identification, electrical measurement, engine measuring, and service information labs along with a lengthy written test.

Students who placed first will go to the state competition and then qualify for the week long national competition.

*Winners from left to right: First, Jake Perot; Second, Matt Otterson; third, Shelby Jackson*

*Congratulations Students !*